



# Alpro | Recipes | Berrilicious smoothie bowl

## Preparation

1. Soak 2 tablespoons of oats in 50ml Alpro Soy drink and put in the refrigerator overnight
2. In the morning, blend the soaked oats, 200ml oat drink, red fruits and banana
3. Top with an assortment of pomegranate seeds, fresh berries and almonds - as much as you fancy.
4. And that's it. Enjoy!



2 servings



10min



## Ingredients

- 250 ml Alpro Soy Original drink
- 2 tbsp of oats
- 2 cups frozen red fruits
- 1 sliced frozen banana
- Toppings: 2tbsp pomegranate seeds, fresh mixed berries, almonds

## Made with

Original

